

## PersonalChoice Self-Direction Assessment

**Purpose:** The PersonalChoice Participant Self-Assessment is designed to assist the Assessor in determining if the applicant possesses the ability to Self-Direct and manage his or her own care. The questions are intended to elicit the information needed for the Service Advisor to determine the need for a Representative to assist the Participant.

Since PersonalChoice participants will be responsible for overseeing the day-to-day provision of services it is important that they possess the ability and the desire to be involved in this process. The participant must have the ability to make choices, set goals, be aware of what is adequate or inadequate care, and make changes to how their services are provided if necessary. A key component in ensuring that each individual PersonalChoice participant is receiving high quality care in this type of consumer directed program is to assure that he/she has the ability to recognize and monitor his or her program independently. A key indicator of this ability will be how they respond to the questions in this Assessment.

**Directions:** The potential participant should be asked all of the following questions. The inability to answer one or two may not necessarily indicate the inability to direct their own care, but could indicate that they may need more training and education in the area of the question. Please also rely on observations of the participant and how they answer each question. The idea of this questionnaire is to determine if the participant is capable to manage the PersonalChoice program **after** they receive the required training. The questionnaire is also intended to point out to the participant any issues of concern or deficits that may prevent them from operating the program safely and efficiently. Finally it is designed to assist the participant in deciding whether or not to use a Representative to assist them in managing some or all aspects of the program that they may have difficulty in doing independently.

**PersonalChoice allows you to decide how your personal care needs will be met by letting you chose how you are helped and by whom.**

- 1. What services do you want and need? (i.e. PCAs)**
  
- 2. What other things would help you be more independent, (i.e. equipment, other services) that you can't get now?**

**You decide who will help you and what things to buy to help you live in the community**

- 1. How will you find and select people to help you in your home?**
  
- 2. How do you plan on making the purchases you need to make?**
  
- 3. How do you plan to train and supervise the people who work in your home?**
  
- 4. How will you tell your workers about what you like and don't like about their work?**
  
- 5. If you are not happy with the work done by your worker, how will you handle the situation?**

6. If your regularly scheduled worker could not help you (called in sick, didn't show up, etc.) How would you get your needs met?
7. What would you do if you were home alone and there was an emergency?

A Service Advisor will be available to help you learn how to find workers; learn how to hire, train and manage workers; figure out how much to pay them; and manage your Medicaid resources. Service Advisors will also check in with you periodically to see how you are doing and answer any questions you may have.

1. Are you willing to accept this help from the Service Advisor on a regular basis, and ask for any additional help, as you need it?

\_\_\_\_\_ Yes

\_\_\_\_\_ No

A Representative is someone who can help you make decisions and also help run the program if you want or need help. A Representative can be a family member or friend who is willing to check in on you regularly and also meet with PersonalChoice staff when they meet with you.

1. Do you want to appoint someone as your Representative?

\_\_\_\_\_ Yes

\_\_\_\_\_ No

2. Who do you want to appoint as your Representative?