

## Improving Outcomes is a CMS Focus



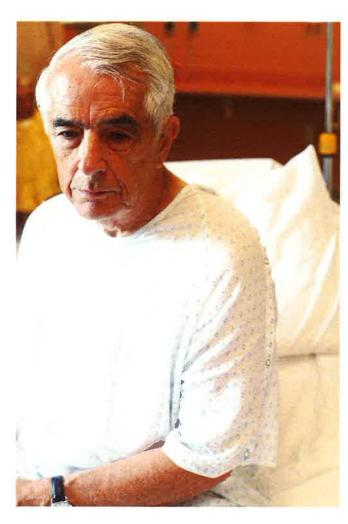
- •Improve the patient experience of care
- Improve the health of the populations
- •Reduce the per capita cost of health care

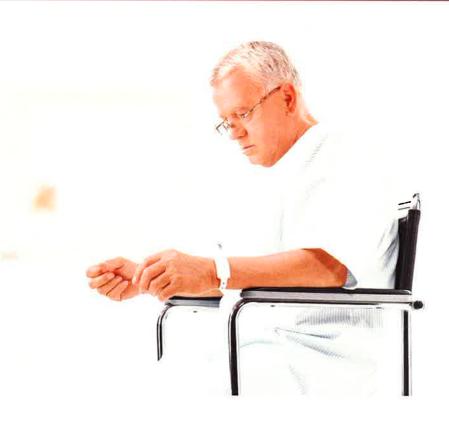
## The Importance of Patient Engagement



Without full engagement by a patient or family we have no hope of improving outcomes consistently or maintaining improved outcomes

# "Everyone looks the same in a hospital gown"

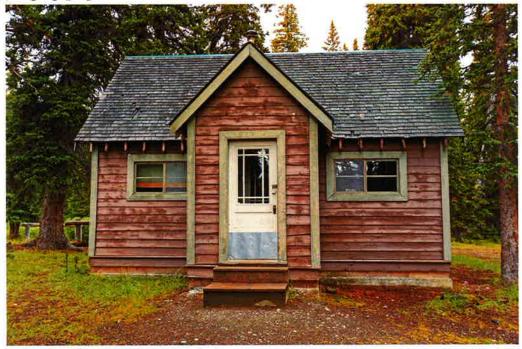




Why are patients unengaged?

# "They live where?"

The typical Medicaid HCBS / LTSS recipient is probably not your next door neighbor. Once a participant goes home, our ability to control the environment is eliminated.



## Reasons for a Lack of Engagement

- -Clinical
- –Physical / Psychological
- -Nutritional
- Pharmacological
- -Generational
- -Financial
- -Education



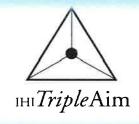
## Unlocking the Secret



#### Showing that you care.

Investing the time and energy in fostering a relationship that embraces the client as an individual, not a diagnosis, a paycheck or a nuisance.





Improve the patient experience of care

#### Pre-Acute Interventions



### **Call Center Initiative – The Navigator Project**

We catch health concerns before a hospitalization is necessary.

HOME AND COMMUNITY BASED SERVICES

HOME HEALTH

COORDINATION OF CARE

PHYSICIAN VISITS

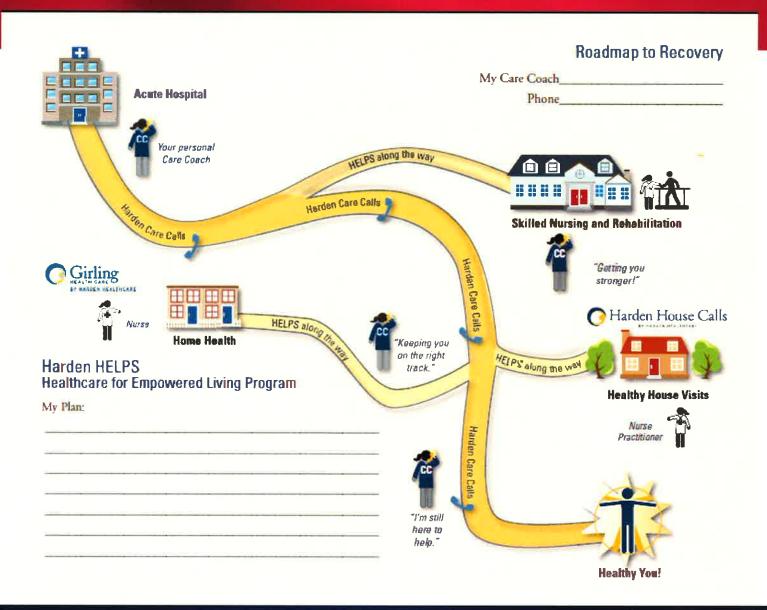


Improve the patient experience of care Improve the health of the populations Reduce the per capita cost of health care

### Post-Acute Care in the Home



### What does Transitional Care look like?



### The Results

We benchmarked our program against the current national average for readmissions: **21%** 



Our results dropped the readmission rate to **6.8%** for cause" 30 Day Readmissions



Improve the health of the populations Reduce the per capita cost of health care

Notes: Hospital Compare data from <a href="www.cms.gov/hospitalcompare">www.cms.gov/hospitalcompare</a> as available 5/13/13. HC Annualized Data is 3 year average annualized. New Hospital Compare Data set for 2012 will be released July 2013 for better comparison to "control" group and updated National Averages.

\* INDEX patients are those that have been identified as LIKELY TO BE INCLUDED IN CMS INDEX GROUP

**Confidential and Proprietary** 

#### Who benefits?

- The Patient
  - Improved Health Status
  - Improved Care Experience
- Managed Care Organizations
  - Decreased cost
  - Easier to meet HEDIS Measures
  - Higher CAHPS Survey Results
- State Medicaid Agencies
  - Improved quality and outcomes
  - Reduced expenditures
- The Legislature
  - Less expensive care
  - More satisfied constituents
  - Evidence Based Results



# How can we collaborate to reach our goals?

- Provide creative solution to existing barriers
- Educate on HCBS and the advantages of these services
- Discuss best practices to spark the exchange of ideas and find a solution to your concerns
- Partner with stakeholders to develop, implement and succeed in the advancement of HCBS nationally.

### Discussion





