



The Five Keys to Sustainability

HCBS Conference: Sustainability Session

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Agenda

Sustainability approaches

- Karen Llanos, Director Medicaid Innovation Accelerator Program, Center for Medicaid and CHIP Services, CMS

State Panel: experiences with sustainability

- Elizabeth Jones, Money Follows the Person Project Director, Texas Health and Human Services Commission
- Tom Gossett, TEFT Grant Business Project Manager, Aging & Adult Services Division, Minnesota Department of Human Services
- Tim Cortez, Manager, Community Options Section, Department of Healthcrae Policy and Financing

General questions & answers

Sustainability Approaches

- Demonstration initiatives struggle with maintaining changes once grant funding has ended.
- Researchers and funders have identified practices that can help to maintain and sustain these efforts.
- Sustainability approaches cluster into five areas:
 1. Partnership Expansion
 2. Sustainable Funding
 3. Permanent Advisory Committees
 4. Policy Change
 5. Institution/Organization Change

Key #1: Partnership Expansion

- Expanding the numbers and types of partners increases the number of individuals who support the ideas and practices identified as critical to promotion of the grant-funded activities (**the champions**)
 - Ensures that information and lessons learned from the grant-funded activities become part of the larger ongoing public dialogue
- Planting seeds of awareness and increasing community knowledge are enduring regardless of ongoing presence.

Key #2: Sustainable Funding

- Be innovative in thinking about potential funding sources
 - Effective sustainable programs make good, logical arguments for how defined activities meet seemingly unrelated funding guidelines.
 - Adapt quickly and respond to emerging opportunities.

Key #3: Permanent Advisory Committees

- Approach sustainability through the development of permanent advisory committees or official entities focused on providing input and advice to decision makers.
- Focus on understanding and communicating the potential health impacts of local decision-making.
- The development of these entities may not guarantee that favorable decisions will be made; however, they do ensure that attention to your mission and vision continues.

Key #4: Policy Change

- Long-lasting community change will result from changing policies.
- The most commonly reported types of policy change were municipal and county ordinances, policies and guidelines.
- Other types of policy changes related to sustainable funding include legislative support.

Key #5: Institutional/ Organizational Change

- Strategies include:
 - supporting staff positions
 - creating new departments, and
 - formally including lessons learned from grant-funded activities in missions and visions.

Key Questions/ Considerations for States

- What partnership expansions occurred across sectors and disciplines and into broader geographic areas?
- Describe additional funding that extended beyond grants to Medicaid authorities and other funding sources.
- Which permanent advisory committees were established to inform decision makers about a range of active living impacts?
- Describe pertinent policy changes that occurred which will continue to further the TEFT and MFP missions? How will these changes accomplish that?
- Discuss how sustainability achieved through institution/organization changes led to the allocation of dedicated staff and incorporation of TEFT and MFP into agency missions.

State Experience: Colorado

Tim Cortez

Manager, Community Options Section

Department of Healthcare Policy and Financing

State Experience: Minnesota

Tom Gossett

TEFT Grant Business Project Manager

Aging & Adult Services Division

Minnesota Department of Human Services

State Experience: Texas

Elizabeth Jones

Money Follows the Person Project Director

Texas Health and Human Services Commission

- Awarded MFP demonstration grant in 2007
- Target populations: older Texans, individuals with physical disabilities, and individuals with an Intellectual or Developmental Disability (IDD)
- Transition to either 1115 managed care HCBS or 1915(c) waiver programs for IDD
- Demonstration services: behavioral health pilot, and relocation services
- Total Transitions as of December 2016: 11,433

Questions?
